



Placer Pacers P.
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OFFICERS

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Friendship Walks Wayne

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Webmaster Don Ratliff

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NEXT MEETING

Tuesday, May 12, 2009

7:00 p.m.

Round Table Pizza

370 Elm Ave., Auburn, CA

NEWSLETTER DEADLINE

May 28, 2009

jbbraunstein@sbcglobal.net

Footprints

May 2009

May 2009 Presidents Message

Spring is upon us and with it the opportunity to build our membership. As I was working in the yard this weekend I realized just how much membership can be like planting a garden or the container of bulbs that I put in. Not all of the bulbs that I planted will flower, or for that matter, grow into a plant of any kind. And since I don't know what was planted, I cannot be certain what it will grow into – even if it does sprout and join in.

To grow our club we need to plant as many seeds as we can in as many places as we can. Some of those seeds will produce new members, and some of those members will go on to do great things. So spread the word about walking, the Placer Pacers and the AVA– tell everyone you encounter about the Fun, Fitness and Friendship that comes from participating in a group like the one we all enjoy. For those of us who have internet access, there are forums where you can advertize a walk. And, of course, there are BLOGS where you can tell about the great walk you had last weekend – or last month, and maybe even you can get someone interested by "twittering" about a walk.

Jay

Placer Pacers Monthly Meeting

April 14, 2009

President, Jay La Croix, called the meeting to order at 7:00 p.m.

Introduction of Visitors: Don Ratliff introduced the visitors:

Judy Gagnon, Terre Arthur and Bill Kemp

Minutes: The minutes of the March 2009 meeting were accepted as submitted.

Treasurer's Report: Treasurer, Lillian Webber, gave the following report:

Regular Events:

Spenceville – March 14-15, 2009 – Herb Webber

Herb reported there were 130 total walkers: 31 awards, 57 credit, 45 free.

There was a loss of \$93.60. Major expenses were the porta-potties and awards. There were 45 workers over the two days. He was given the wrong gate key and couldn't put the portapotties on the trail.

Hidden Falls – May 9-10, 2009 – Don Ratliff

Work lists are going around. There will be a worker's walk May 8th, 9:00 a.m. There will be one checkpoint. We will have to walk out to it. Actual address is 3587 Mears Place. Near intersection of Mt. Vernon Rd and Mears Rd.

Mountain Magic – July 24-26, 2009 – Herb Webber

This is a multiple event three-day weekend held in conjunction with the Tahoe Trail Trekkers. All events will be available each day. There will be a BBQ'd chicken potluck on Saturday at a park in Truckee on Saturday evening.

There will be two events, sponsored by the Placer Pacers, mostly on the Pacific Crest Trail. The Tahoe Trail Trekkers will have two events. One will be on Donner Summit partly through the old railroad tunnels, past petroglyphs and on the old Immigrant Trail. The other will be in Donner Memorial State Park.

Committee Reports:

- a. Specialties Roberta Murray or Pat Lucero
Pat Lucero reported that Roberta would be turning in an order to AVA for Specialties later this week. If you need anything, let Roberta know. Also, Roberta had checked into getting the club jackets. The vendor had the files from previous orders but could not locate the template for the design.
- b. Awards volunteers as needed No report
- c. Personal Incentives Wayne Holloway
Wayne still needs the original log sheets for the Rancho Cordova walk and bike events. He also needs 2007 and 2008 sheets for Auburn.
- d. Auditing No report
- e. Newsletter – Footprints Jerry Braunstein
Jerry still needs articles and pictures for the Footprints.
- f. Publicity Judy Stroud & Jeanne Ross (absent)

Judy reported she would be putting in an article for Hidden Falls in the Bee before the end of the month.
- g. Registrar – for pre-registrations Pat Lucero –
None received yet for Hidden Falls
- h. Checkpoint and Start and Finish Don Ratliff Don reported the work lists for Hidden

Falls are going around. He will be making phone calls soon.

- i. Membership A.J. Bohanon Absent-
Marilyn Ratliff reported for AJ: 131 total members (94 family and 37 single)
- k. Sociability Jan & Oscar Timmons
Jan had Pat Lucero do the report. There are still places on the bus -\$29.00 per person. It leaves Newcastle at 7:00 a.m. with stops at the RT in Sacramento and the Mace Blvd parking lot in Davis.
- k. Historian Lillian Webber
Lillian still needs pictures. She is working on cataloging the material. Jay La Croix will send pictures.
- l. Greeter Don Ratliff introduced visitors earlier in meeting.
- m. Webmeister (www.placerpacers.org) Don Ratliff
Website is up to date. Current newsletter is out there.
- n. Phone and Signs-ups Don Ratliff - reported under h.
- o. Trail master Roger Conant Nothing new.

Old Business:

2010 calendar submissions:

Feb. 27-28 – Penryn

April 17-18 – Empire Mine (2nd route in Grass Valley or Nevada City)

June 26-27 – Fallen Leaf Lake

Jan has checked with the ranger and June 26-27 dates are ok.

Oct. 2-3 – Placerville (Gold Bug Mine). Alternate date Sept. 25-26

Nov. 13-14 Apple Hill

Dec. 18 – Rocklin

Haskell's are looking into having a year round walk in Placerville. They have a route laid out and are now looking for a start point.

We will need to have a different walk for October 2-3. After discussion, Kate Harper made a motion to put Oroville in place of Placerville. Don Ratliff seconded. Motion passed.

New Business:

Special Election – Treasurer

Due to health reasons, Lillian Webber has asked to be replaced as Treasurer. Bruce McDevitt nominated Judy Stroud. Jerry Braunstein seconded the nomination. Wayne Holloway moved to close the nominations. Jerry Braunstein seconded. Motion passed. Judy Stroud will be the Treasurer for the remainder of Lillian's term (through June 30, 2009).

Regional Director election –

There is only one name on the ballot – Bruce McDevitt. Don Ratliff moved that we vote for Bruce McDevitt for Pacific Region Director. Rita Plummer seconded. Motion passed.

CVA Convention delegates – Jay La Croix and Don Ratliff will be the delegates for the club.

Grace Holloway moved and Rita Plummer seconded to have Betsy McDevitt be the alternate delegate. Motion passed.

AVA Convention – Pat Lucero moved to select Don Ratliff to be the club's delegate to AVA Convention. Judy Stroud seconded. Motion passed. Grace Holloway moved to select

Betsy McDevitt as the alternate delegate. Rita Plummer seconded. Motion passed.

AVA -In Memoriam. Dick Lucero's and Irene Vasquez's names will be sent in to AVA. They both passed away since the last convention.

CVA convention - Silent Auction - Kate Harper moved we donate \$3 Williams. Pat Lucero seconded. It was suggested we donate a total of 12-\$3.00 Williams (3 packs of 4). Motion passed.

AVA Silent Auction – We usually donate something to the silent auction. Marillyn Ratliff moved we allow up to \$50. Grace Holloway seconded. Motion passed.

Jay mentioned Pat Lucero is running for reelection to AVA Secretary.

Walk across California – Roger Conant

There is a walking group walking from the Pacific Ocean (just north of Santa Cruz) to Lake Tahoe. They will be passing through this area. He had been in contact with them when he first heard about it. They will start on April 19th in the Loomis area by the American River and walk 19 miles and end up above Auburn at the No Hands Bridge (Mountain Quarries Bridge).

Stipend to AVA & CVA delegates. – Wayne mentioned traditionally the club provides a stipend to the delegates to AVA and CVA conventions. Jerry Braunstein moved and Kate Harper seconded to give the AVA delegate \$200 and the CVA delegates \$50 each toward their respective convention expenses. Motion passed.

ARD – Heart Healthy Lifestyle. Don and Marillyn Ratliff attended a recent meeting. The kickoff Fair will be May 16th at the School Park on High St. Roger Conant is working to lay out some walk routes. Volunteers are needed to guide the walks. There are no set dates at this time. Don and Marillyn will be working in the booth at the Fair on May 16..

Opportunity drawing – will be for \$15.50. Art Loyd is the lucky winner.

Don Ratliff moved to adjourn the meeting. Rita Plummer seconded. Meeting was adjourned.

Respectfully submitted,

Pat Lucero

Pat Lucero, Secretary

2009 Friendship Walk Schedule



May

1/3 RW Stockton (CVA)
8 RW Sacramento
9/10 RW Auburn (Hidden Falls)
16 RW Petaluma
18 FW Merced
19 FW Fresno
20 FW Simi Valley
21 FW Port Hueneme
Ventura

22 FW Carpenteria
Santa Barbara
23 FW Solvang
24 FW Lompoc
25 FW Santa Maria
Pismo Beach
26 FW Avila Beach
San Luis Obispo
27 FW Los Osos
Morro Bay
28 FW Cambria
29 FW Paso Robles
30/31 RW Santa Clara
31 FW San Jose

June

3 RW Folsom
6 RW San Francisco
13/14 RW Jamestown
14 FW Oakdale
17 RW Granite Bay
20 FW Sacramento (Pocket Area)
27 FW Citrus Heights

July

4 FW Sacramento (Capital)
11 FW Roseville (Bea Griffin)
18 FW Alameda
24/26 RW Donner

August

1 FW Lodi
5 RW TBD
8/9 RW Ft Bragg
9 FW Upper Lake
15/16 RW Richmond
22 FW Rancho Cordova (Hazel)
29 RW San Francisco
29 FW Sacramento-Ashton Park

September

5 FW Tahoe City
6 FW Tahoma
7 FW Incline Village
12 RW Woodland
19/20 RW Union City
26/27 RW Sonoma
27 FW Santa Rosa (Schultz Museum)

October

3/4 RW Twain Harte 4/6
FW Yosemite
10/11 RW Rancho Cordova
12 FW Weimar 17/18
RW Pilot Hill 24/25
RW TBD
31/1 RW Ripon

November

31/1 RW Ripon
1 FW Modesto
7/8 RW San Juan Bautista 14/15
RW Camino (Apple Hill) 21/22 RW
Sacramento
28 FW Jackson

December

5/6 RW Winters
9 FW Virginia City
12/13 RW San Jose
13 FW Capitola
19 RW San Francisco
20 FW Sutter Creek
31/1 RW Sacramento

CVA Convention comes To Stockton

Our very good friends, the Southern Lovely Delta Tule Trekkers, have a big weekend. The California Volkssport Association convention will be held in **Stockton** this weekend, **May 1-3**, and the Delta Tule Trekkers are playing host. There will be three walks, each one beginning at the **LaQuinta Inn at 2710 W. March Lane in Stockton, 95219**.

There are three walks available the entire weekend beginning at 3:00 p.m. on Friday, May 1, finish by 9:00 p.m., Saturday, Registration begins at 8:00 a.m. and must finish by 4:00 p.m. and Sunday, Registration begins at 8:00 a.m. and must finish by 4:00 p.m. No registration after noon on Sunday. There will be both 5K and 10K walks available for each walk.

Walk #1 - West toward the Delta waterways and the Calaveras and San Joaquin Rivers, along the Brookside trail, through residential areas, parks and greenways. This walk not recommended for wheelchairs and strollers, as there is an iron turnstile gate along the route. Wheelchairs and strollers advised to do the 5K walk. Special Programs: Firehouses, RiverWalk America & Walking Europe in the U.S.

Walk #2 - South-east toward the University of the Pacific along hike & bike trails, through the University and older beautiful residential areas and some businesses on the return. Special Programs: RiverWalk America, American Authors, America's Artistic Heritage, Europe in the U.S.

Walk #3 - North toward the Embarcadero and Village Marina, along paved trails through city parks and beautiful residential areas. There may be some difficulty, but manageable for wheelchairs and strollers as there are a few small hills.. Special Programs: Firehouses, Europe in the U.S.

There will be a lunch and CVA business meeting at the Spaghetti Factory, next door to the LaQuinta at 1:00 p.m. on Saturday. Registration for lunch must be made by Thursday, April 29 at noon. e-mail DeltaTuleTrekkers@inreach.com, or call Joan at 931-0557.

Hidden Falls Walk May 9 & 10

On May 9 and 10 the Placer Pacers are putting on a walk in the Auburn area. It will be at a new regional park off Mt Vernon Road. We need all the help we can get to man the start/finish and check point that week end. If you have already signed up to work, great! But those of you holding off, now is the time. It is a great area for walking in oak forest, along creeks and out to a water falls (named Hidden Falls, of course). To sign up, contact Don Ratliff or check the Placer Pacers web site.

Hidden Falls is a very nice 30 ft. high cascade along Deadman Creek, located in Hidden Falls Regional Park in Auburn CA. This is a new park that was opened to the public at the end of 2006. The land was acquired under the Placer Legacy Open Space and Agricultural Conservation Program. The park consists of 221 acres, with 7 miles of trails.

The trail to Hidden Falls is very easy to hike to, and the trails are well-signed, but it is a bit confusing starting from the parking area. Follow the dirt trail (not the paved trail), which is called the Poppy Loop trail. Take the left most loop of the Poppy Loop trail from the parking area. In about 0.8 miles you will reach a bridge over Deadman Creek. Cross the bridge and shortly later you will come to a junction. Turn left onto the Blue Oak Loop trail and follow this for 0.3 miles until you reach the junction for the Hidden Falls trail. Turn left here and hike 0.3 miles to the falls.

Hidden Falls is a pretty little cascade, best seen in the winter months when the creek's flow is higher. It is not spectacular, but is a very easy hike in a nice little park. The trail ends at a lookout at the brink of the falls, but it is too steep to get right down to the creek. There are additional trails in the park, if you wish to extend your hike. The best of them is probably the trail to the Seven Pools.



Bus Adventure

How about a bus trip to San Francisco on June 6th? In the temporary absence of Sociability Chairpersons, Jan & Oscar Timmons, the ever active Pat Lucero will do the coordinating/hosting of the excursion to take advantage of the Bay Bandits walk in and around Golden Gate Park. (Jan & Oscar will be away helping her dad celebrate his 98th birthday. We thought he should be invited to go on the bus...so we could share the cake. How big is a cake for a 98th birthday? That's a lot of candles. Probably have to get a burn permit.)

The per-person ticket to Fun Fitness Friendship will be \$29, and you are urged to get your reservation (read check) to Pat as soon as possible. To ensure a full bus in a timely manner, this trip will be open to other clubs from the get-go. (We are hoping for a future quid pro quo.) Procrastination may leave you with a hang-dog look watching the bus depart with a load of your friends.

Boarding times will follow the usual, the carpool lot across from Denny's in Newcastle at 7:00, the Watt Avenue light rail station at about 7:30, and Davis carpool lot off of Mace Boulevard at about 8:00 to pick up flatlanders. Because of no dining establishments in the immediate proximity of the walk start point, passengers will be encouraged to bring a lunch.

These trips are always fun and this one promises to be no different. In anticipation of inter club competition, we are hoping that Herb will lead us in patriotic choir music. (Otherwise, we are likely to get stuck with that off-key stuff presented by the renowned Sacramento Walking Sticks Mobile Ensemble.)

Jan and Oscar says that we should anticipate a second bus adventure in November, with San Juan Bautista, the site of the 15th of California's Spanish Missions, as the destination.



Sometimes its easier to walk this way

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