



2009 Friendship Walk Schedule

as of August 3, 2009

January

1 RW Sacramento
3 FW Galt
10 RW San Francisco
17 FW Benicia
19 FW Sacramento (Arden)
24 FW Davis (Southeast)
31 FW Folsom

February

7/8 RW Vallejo (Mare Island)
14/16 FW Monterey/Carmel
21 RW San Francisco
28 FW Ione

March

7 FW Auburn
14/15 RW Spenceville
14 RW Sacramento
21/22 RW Davis
28/29 RW Mokelumne Hill

April

3/5 RW Redding
11 RW San Francisco
18/19 RW Rancho Seco
25/26 RW Vacaville – Lagoon Valley

May

1/3 RW Stockton (CVA Convention)
8 RW Sacramento
9/10 RW Auburn (Hidden Falls)
16 RW Petaluma
18 FW Merced
19 FW Fresno
20 FW Simi Valley
21 FW Port Hueneme
Ventura

22 FW Carpenteria
Santa Barbara
23 FW Solvang
24 FW Lompoc
25 FW Santa Maria
Pismo Beach
26 FW Avila Beach
San Luis Obispo
27 FW Los Osos
Morro Bay
28 FW Cambria
29 FW Paso Robles
30/31 RW Santa Clara
31 FW San Jose

June

3 RW Folsom
6 RW San Francisco
13/14 RW Jamestown
14 FW Oakdale
17 RW Granite Bay
20 FW Sacramento (Pocket Area)
27 FW Citrus Heights

July

4 FW Sacramento (Capital)
11 FW Roseville (Bea Griffin)
18 FW Alameda
24/26 RW Donner

August

1 FW Lodi
5 RW Sacramento
8 FW Rancho Cordova (Hazel)
15/16 RW Richmond
19 RW Sacramento
22/23 RW Ft Bragg
29 RW Burlingame

September

5	FW	Tahoe City
6	FW	Tahoma
7	FW	Incline Village
12	RW	Woodland
12/13	RW	Union City
19	RW	Sacramento (Talk Like a Pirate)
20	FW	Carmichael
26/27	RW	Sonoma
27	FW	Santa Rosa (Schultz Museum)

October

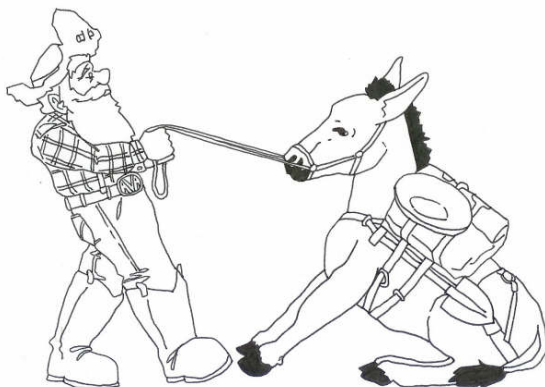
3	RW	Twain Harte
4/6	FW	Yosemite
10/11	RW	Arnold (Calaveras Big Trees)
12	FW	Weimar
17/18	RW	Colusa
24/25	RW	Dixon
31/1	RW	Ripon

November

31/1	RW	Ripon
1	FW	Modesto
7/8	RW	San Juan Bautista
14/15	RW	Camino (Apple Hill)
21/22	RW	Sacramento
28	FW	Jackson

December

5/6	RW	Winters
9	FW	Virginia City
12/13	RW	San Jose
13	FW	Capitola
19	RW	San Francisco
20	FW	Sutter Creek
31/1	RW	Sacramento



To A Walk

Rules of Engagement:

FW in Normal Type = Friendship Walk

RW in Bold Type = Regular Walk

B = Bike event

FXS = Friendship Cross Country Ski/Snow Shoe

Note:

1. An email message will be sent for all walks on this schedule to anyone interested. The message will contain location, time, directions, and trail description with the likelihood of smart aleck remarks.
2. **Regular Walks** have a start time window usually between 8:00 AM and Noon. The *COMPASS* has information on these walks, including point of contact. (A message will be sent for these too.)
3. Friendship (group) Walks will routinely start at 9:30 AM, as long as the weather is cool, and then move to 8:00 AM.
4. Bike outings will not take place in rain, wind or when the route is hazardous. In those cases, bikers will be asked to do the walk. Children 12 and under must wear a helmet; all others are strongly encouraged to wear one.
5. Staffing of Friendship Walk events is minimal and provided by other walkers to help expedite registration and get the walk started promptly at about the time indicated. We try to be available a half-hour before the start times given above, but are occasionally tardy. If you get there before help arrives, go ahead and start registration or just have patience. Don't grumble. Ohhh, go ahead if it will make you feel better.
6. This schedule is subject to change, although reluctantly. Check the Placer Pacers web - www.placerpacers.org – or Sacramento Walking Sticks' web - www.sacramentowalkingsticks.org/CalendarOfEvents.html - for the latest schedule.
7. If you are not receiving the weekly email Walk Alerts, and would like to, send an email to wayneholloway@wildblue.net